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Day Drinking: 50 Cocktails For A Mellow Buzz



Synopsis

When the occasion calls for a drink, but not for getting drunk, mix up a batch of day drinks—low-alcohol cocktails that are festive, mouthwateringly delicious, and light on the booze. From brunch with friends to bridal showers and barbecues, from tailgates to snow days to afternoons hanging out on the beach, just about any daytime social occasion is greatly improved by a drink. And these 50 creative cocktails are just the thing. Using beer, wine, sake, sherry, and vermouth, plus a variety of amari and other flavorful liqueurs like St-Germain, Campari, and Aperol, the cocktails (and mocktails!) of Day Drinking are easy to make and easy on the alcohol content. Here are light drinks for hot days, warm drinks for cool days, and an abundance of classic—and reimagined—low-proof spritzers, sangrias, micheladas, and so much more.

Book Information

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Customer Reviews

“The book is notable not only for its wide array of cocktails but for the fact that all the recipes actually go light on the alcohol content, so each really is perfect for enjoying for hours on end.”
“InStyle” “Packed with recipes we’ll want to mix all summer long.”
“Liquor.com” “This fun and easygoing cocktail book serves up an intriguing mixture of unique and classic low-alcohol cocktails for anyone to enjoy at any time of day.”
“Booklist” “Americans are finally catching on to what Italians have long known—that sipping low-alcohol cocktails, like aperitifs with soda, are the

best way to imbibe on summer days. Kat Odell's *Day Drinking* is filled with low-lift formulas that enable a sustained, mellow buzz, from (late) morning to night. •Gear Patrol •"An extremely fun look at cocktails low in alcohol which tend to be ideal for brunch, lunch, and all weekend long. •Eater •"With a laid-back vibe, this is a solid collection for party hosts seeking some unusual and trendy cocktails. •Library Journal •"This finely honed collection of fabulously light and lively libations reminds you of the spirituous delights to be had while the sun is still at its apex. Collected from some of the best bartenders in America, these are recipes you can trust will both quench and inspire, because simply no one drinks more during the day than a bartender on their day off. Just the thing for a sunny day, or for those looking to chase the clouds away. •Martin Cate, owner of Smuggler's Cove and author of *Smuggler's Cove: Exotic Cocktails, Rum and the Cult of Tiki*

Kat Odell is a food journalist and the entrepreneur behind the plant-based food and drink brand Unicorn Foods. Odell was the editor of *Eater L.A.* for five years and the editor of *Eater Drinks* for the last two years. She has been published in *Vogue*, *New York Times T Magazine*, *Food & Wine*, *Condé Nast Traveler*, and *Bon Appétit*, among others. She has also made appearances as a judge and expert at a variety of food-related events, and her first book, *Day Drinking*, came out in spring 2017. Kate Odell and Unicorn Food can be found at @kat_odell and @unicornfoods.

a fun read

I went to a demo w/Kat Odell, put on at the, Pebble Beach Food & Wine Festival. I loved what she made, The Floating Flower, The Regents Royal & the Jerezana. I loved them all & enjoyed her pro~tips that I bought a copy there for myself & then ordered 4 more copies b/c I knew my mother & some friends who would love this book!

Day Drinking: 50 Cocktails for a Mellow Buzz by Kat Odell et. al. is a free NetGalley ebook that I read in early April. The author Odell sets the stage with an in-depth, yet inviting posh 1970s deco atmosphere with a bar tools & accessory glossary and a brief overview of ingredients, before going into the recipes....that are presented and recommended mostly by bartenders from different regions of the U.S. It's somewhat dizzying and creates an odd mix of styles.

I bought this book for a day-time party I was throwing. The drinks tasted great and had the perfect amount of alcohol in them. This book is perfect for making drinks that give you a buzz, but still let you to continue on with your day and not fall asleep at 8pm. I would recommend this book to anyone looking for an interesting cocktail recipe book, who likes to get their buzz on and not embarrass themselves by getting too drunk.

Perfect gift for a friend, recipes look easy to make!

it's okay, not amazing but there are some good drink recipes on there.

You would have to have a not so mellow buzz to buy this book.

Not much here so save your money and just do an internet search for recipes. Was hoping for more mocktail suggestions and recipes to make more than one serving at a time.

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